

Pouce Coupe Polar Bear Club 2019-20

When the weather dips below -20 with the wind chill, Pouce Coupe students are not sent outside for recess. During those indoor recess days, we will be offering the opportunity for students to choose to go outside for lunch recess and play as part of our Polar Bear Club.

Rationale: Regular opportunities for play and physical activity, especially outdoors, improve our mood, attention, and fitness. Outdoor recess in cold weather provides an opportunity for students to be vigorously active, escape germs, and embrace the cold Northern BC reality.

Participation: *The option to go outside will only be offered to those students who have returned a permission form signed by a parent or guardian and who are dressed appropriately for the weather.* Students who choose to go outside will stay outside for the duration of the recess. Students with a permission form may still choose to stay inside during indoor recess. Supervising staff will use their discretion in deciding whether individual members of the Polar Bear are able to go outside during cold weather periods.

Supervision: Pouce Coupe Elementary staff members will supervise the Polar Bear Club. The number of students interested in going outside will determine how often the program will be offered.

If your child is interested in having the option to participate in the Polar Bear Club, please complete and sign the permission form below and return it to school. Only one form is required per family (include the names of all children in the family participating on the form).

Polar Bear Club Permission Form 2019-20

I grant permission for my child/children to have the option to choose to go outside for Lunch recess (12:05-12:20) when an indoor recess is called, provided they are dressed appropriately and a staff member is outside on supervision.

Child Information (Please print):

First name(s): _____

Last name _____

Classroom Teacher: _____

Parent/Guardian signature: _____ **Date:** _____