

Nutrition Policy

At Crescent Park Elementary, all food and beverages that are available to students, will include and promote nutritious, healthy food choices. All food available during our hot lunch program and school events will follow the "Guidelines for Food and Beverage Sales in BC Schools" provided by the Ministries of Education and Health. On occasion, during a "special event", food may be provided that would not normally be served under the school's nutritional guidelines.

A "special event" may be considered to be one of the celebration days that have traditionally been observed during the school year. These include Thanksgiving Day, Hallowe'en, Christmas, Valentine's Day, Easter, and the end of the school year. Other events may included cultural food during units of study, (i.e. Australia Day if studying Australia), field trips, and school special events, (i.e. retirement teas). An exception will be made for the "Grandbuddy" program where the culture of the seniors will be honoured. Only one special event may be selected each term. Any food that is given to students during special events should be selected from the Choose Least, rather than Not Recommended category.

As well, each classroom will educate students about the content of healthy food choices and the benefits of selecting nutritious foods. This is addressed through our third school goal.

Any bake sales that classrooms have during the year will have at 50% of items from the Choose Most category, and no items from the Choose Least and Not Recommended categories.