

Nutrition Policy

- TRSS will provide educational programs that promote health and nutrition. TRSS will ensure that all food and beverages sold and distributed will complement and be congruent with the nutrition education program of the students.
- TRSS nutrition policy reflects the following (reference is the food selection chart provided by the Northern Health Authority).
- TRSS will promote the serving of foods from the "serve most" and "serve sometimes" lists.
- Choices from the "serve most" list will be provided wherever food or beverages are sold in schools.
- TRSS pricing of all healthy food and beverage choices will be favorable.
- All food options provided by contract or outside commercial enterprises will adhere to the guidelines of the Northern Health Authority and the Province of British Columbia.