

# Dice

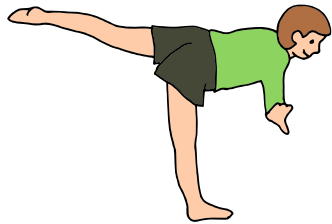


Duck Walk

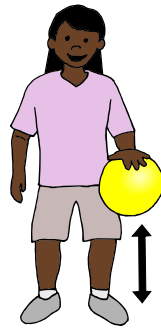
Glue Under

Glue Under

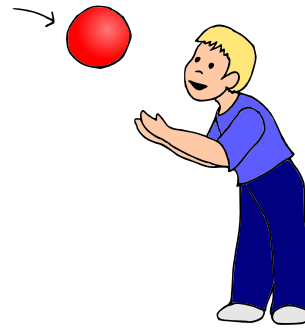
Glue Under



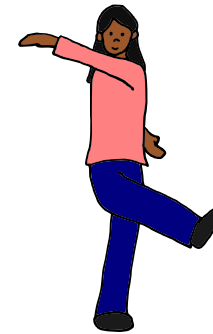
Air Plane Balance



One Hand Ball Bounce



Throw and Catch



Arm and Leg Cross Over

Glue Under

Glue Under

Glue Under

Glue Under



Skip

# Dice

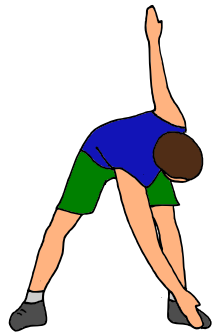


Chair Push-Ups

Glue Under

Glue Under

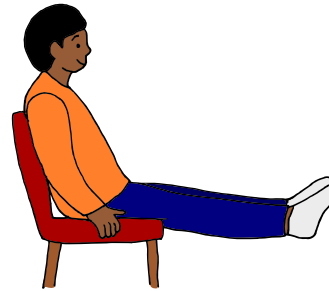
Glue Under



Touch Toes



Birdgo (opposite arm opposite leg lift)



Raise Legs



Walk On The Line

Glue Under

Glue Under

Glue Under

Glue Under



Single Leg Hopping in Place