



# Canalta Elementary School



FRIDAY NOTES: SEPTEMBER 12, 2025

*We respectfully acknowledge that our school resides in Treaty 8 territory in which we live, work, learn and play.*

## Dates to Remember

September 17<sup>th</sup> - PAC Sponsored Meet the Teacher BBQ from 5:30-6:30

September 25<sup>th</sup> - PAC Meeting @ 6:30 at the school.

September 22<sup>nd</sup> - School Photo Day

September 26<sup>th</sup> - Terry Fox Run

September 29<sup>th</sup> - Orange Shirt day

September 30<sup>th</sup> - National Day for Truth and Reconciliation, school not in session

October 14<sup>th</sup> - Thanksgiving, school not in session

October 27<sup>th</sup> & 28<sup>th</sup> Non-Instructional Days, student do not attend

## School Supply Fees

Currently, the office is not Set up for collecting school supply fees. We will send an email when we are ready to collect fees.

## Meet The Teacher BBQ

The PAC is hosting a Meet The Teacher BBQ on Wednesday September 17<sup>th</sup> from 5:30 –6:30  
Come and meet your child's teacher. We look forward to seeing you there.

## Package of Permission Forms

A package of permission forms has been sent home for you to sign. Please ensure they are returned by Tuesday September 16<sup>th</sup>. If you are a new student, this year and have filled in the package please do not do a second copy.

## Head Lice

Please be aware it is that time of year. Please do regular checks.

## If You Are Away

If your child is going to be away, please email the office at [Canalta@sd59.bc.ca](mailto:Canalta@sd59.bc.ca) or leave a phone message at 250-782-8403 so we can update our attendance. Please leave your child's first and last name when emailing or leaving messages.

Remember, if your child is a bus student to let both the office and the bus garage know they are not riding.



## CANALTA IS NUT & SCENT AWARE



## Class Configurations

Due to student enrollment, class size and configuration and as students move in and out of our building, please be advised that final class placements & configurations may be subject to change until September 30<sup>th</sup>.

# Back To School Safety Reminders

## Letting Us Know If Your Child Will Be Away Is Important!

Each day we check the student attendance to see who is away. Notifying the office at 250-782-8403 or at [Canalta@sd59.bc.ca](mailto:Canalta@sd59.bc.ca) lets us know where students are if they are marked as away that day.

Thank you for letting the office know when your child(ren) will be absent, late or not riding the bus.

Together, let's keep our children safe.



## Walking to School

Please remind your child to stay safe while walking to and from school. Use sidewalks, when possible, face traffic if there isn't one, and cross at crosswalks after looking both ways. Remind them not to engage in conversations with people they do not know and to only take rides from people after a conversation with their parents. Encourage them to avoid phones or earbuds so they can stay alert.

## Bike Safety, Scooters and Electric Devices

Now is a great time to remind your child to wear their helmet and review the rules of the road when riding a wheeled device.

Students are asked to walk their bikes, scooters and other wheeled devices once they reach school property.

## Conflict VS Bullying

Conflict and bullying are not the same.

Conflict is a disagreement where both parties typically express their views and want to resolve the issue while bullying is a repeated behaviour when someone hurts another person on purpose, repeatedly, and uses their power to make the other person feel small.

Today, bullying can also happen online, which we call cyberbullying. This can include mean texts, posts, or messages that embarrass, threaten, or upset someone on digital platforms.

Cyberbullying can feel harder to escape because it can happen anytime, often without adults noticing, and it can be seen by many people online. Sometimes the person bullying even hides who they are.

Please talk with your child about being kind and safe in person and online and be aware of what sites, apps they are on and who they are communicating with.



*Does your child have your phone number memorized should they need to call you?*

## Harmful or Other Items

Sometimes when students are walking to school or playing on public playgrounds they may come across items they should not be touching. Please talk to your child(ren) about items they might find that they should not be touching or picking up and to find an adult to tell.

## Supervision Schedule

Morning Supervision starts at 8:30 a.m.

Please do not send or drop your child off at the school before 8:30 a.m.

After school supervision ends at 3:00 p.m. Please do not leave your child unattended on the playground or at the school after this time.

After school, students are asked to head straight home.

They are welcome to return to the school playground with their parent's permission after 3:00 p.m.

## Bus Safety



Please remind your child about school bus safety. Children should always stay where the driver can see them and be at least 10 big steps away from the bus and never behind it. When getting on or off, they should make sure their shoelaces are tied, watch for loose clothing, and use the handrail. On the bus, students should sit down quickly, keep the aisle clear, listen to the driver, and talk quietly.

Please let the school and bus garage know if your child is not riding.

Please do not stop or park in our bus loading zones.

# Signing In At The Office Changes



All visitors to the school must report to the office and also, all students arriving late or leaving early need to sign in and out with Mrs. Hilderman *in the office*. (Previously this was at the front entrance).

If you are picking up your child, Mrs. Hilderman will call them to the office. If you are dropping off items, your child will be called to the office to pick them up.

Please come into the office when you are picking up your child as Mrs. Hilderman is learning new names and faces. Thank you for your help!

## PAC Information

### (Parent Advisory Council)

Check out the PAC Facebook page at  
**Canalta PAC and Hotlunch.**

**The PAC is looking for committee members  
and volunteers for the Winter Market and  
Hot Lunch.**

**Please contact the PAC at  
[canalta.pac@gmail.com](mailto:canalta.pac@gmail.com)**

The next PAC meeting is September 25<sup>th</sup>, at  
6:30 p.m. in the staffroom.



## News From The Library

This week in the library we have started orientations. During orientation students have a chance to review/learn about the different sections in the library, how to find books in those sections, do a scavenger hunt, make a bookmark and take out books. Regularly scheduled book exchanges will start the week of September 22. Each class has a designated book exchange time which you can ask your child's teacher about.

Again, this year, the library is offering a home reading program to encourage students to read on a regular basis. Notes are being sent home as well as reading logs. When the students are finished their log, please have them return them to the school and they may bring them to the library during their book exchange time to receive a prize.



## Help Keep Everyone Healthy!

If your child is not feeling well, please keep them home. Should they become sick at school, you will be contacted to pick them up.



## Grade 6 & 7 Volleyball

Grade 6 & 7 students who have signed permission forms will have practices starting on Monday in the gym after school and games on Wednesday after school. Thank you to Mr. Parr and Ms. McRann for volunteering to coach this year and to Mr. Hecker for volunteering to ref home games!

## Cross Country Running

Cross Country Running practices for students Kindergarten to Grade 7 will be held on Mondays at Newby Park

The first race day will be held at Canalta at on the Newby Park fields on September 17<sup>th</sup> with registration starting at 3:00 p.m. Transportation and supervision of students is the responsibility of parents.

Thank you to Ms Schilds and Mr. Wangler for helping organize our school event.

For more information, check out our school website.



# 4

## Root Safety Environments

### Stay Safe Everywhere



#### INTERNET SAFETY

- » Remember the Internet is a public place.
- » It is easy to lose control of what you send to people.
- » Be careful what you share with people. Protect your personal information.
- » Always check with your parent/guardian first before sending any photographs, or using the webcam.
- » Always check with your parent/guardian first before meeting up with someone you first met online. Remember: meet in a public place and bring a *safe adult* with you.
- » Always trust your instincts. If something doesn't seem right or makes you uncomfortable, speak to a *safe adult*.

#### HOME SAFETY

- » Keep all emergency phone numbers by the telephone.
- » Keep doors and windows locked. Only open the door for people you are expecting and have permission to have over.
- » When answering the phone, always pretend a parent/guardian is home. For example, "My mom is busy right now but I can take a message."
- » Keep phone conversations with your friends short, so the phone line is not busy, in case someone needs to contact you.
- » Do not discuss in public or online that you will be home alone.



#### STREET SAFETY

- » If asked to go somewhere make sure you have permission from your parent/guardian before you go.
- » Use the *Buddy System* when going to and from places.
- » When walking to a friend's house, call your parent/guardian to let them know you've arrived safely. Call your parent/guardian before you leave to let them know you are on your way home.
- » Use the same route to and from school daily.
- » Be aware of the safe places you can go to for help within your community.



#### PUBLIC PLACE SAFETY

- » If separated from your parent/guardian, stay in the building until you are reunited.
- » If separated from your parent/guardian, go to a sales person to ask for help.
- » If anyone tries to take you out of the building, yell and make noise.
- » Use the *Buddy System*. Avoid separating and leaving one person alone.
- » Always have permission from your parent/guardian before going anywhere with anyone.



The Canadian Centre for Child Protection is a charitable organization dedicated to the personal safety of all children. For more information and downloadable resources, please visit us at: [www.protectchildren.ca](http://www.protectchildren.ca).  
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